## Youth Xchange 2011 Sponsored Category:





Dept. of Health Healthy Hawaii Initiative at 808-586-4434

or e-mail

alice.silbanuz@doh.hawaii.gov

The Department of Health **Healthy Hawaii Initiative wants** vou to create a 30 second PSA encouraging other youth to be active at least 60 minutes a day by finding a physical activity they love that provides a good work out and is fun!

Things to think about

You might have to try out many different physical activities to find the ones that suit you best.

How is a person's life better after finding a physical activity he or she loves?

What is it that you love about being physically active?

Make it catchy! Come up with a creative slogan.



All entries must be submitted by Tuesday, March 1, 2011



Mail or deliver to 'Olelo Community Media Youth Xchange Video Competition 1122 Māpunapuna St., Honolulu, HI 96819

Visit <u>www.olelo.org/yxc</u> for contest updates

